

Thank you for your help!

Your support means the world to us and we are hugely grateful for your time, expertise and care in preparing masks for our community.

The mask pattern and instructions in this pack have been tested and approved by the San's Infection Prevention and Control team.

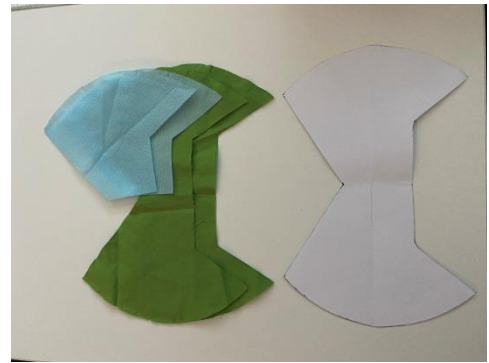
You do not have to use this pattern. Any mask pattern which covers both nose and mouth is fine as long as they have **three** layers, with the middle layer made of 'Kimguard' material which is provided in this pack.

Finished masks may be easily dropped off at the **Hospital Concierge** at the entry to the main multi-deck carpark, P1 (accessible from the traffic lights on Fox Valley Rd) between 9am and 5pm. Should you wish to make additional masks, you can also collect more fabric and/or Kimguard from the Concierge team.

Once again, thank you for your care and support. We couldn't do it without you!

Instructions for making 3 layer fabric mask

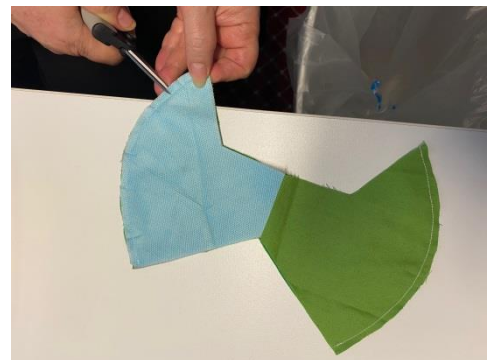
- 1
 - Cut out the paper template
 - Cut 2 layers of fabric and 1 layer of the supplied Kinguard material



- 2
 - Take the Kinguard layer and fold in half as indicated on the template
 - Cut along the fold line
 - Layer the two fabric pieces with right sides together



- 3
 - Place the 2 Kinguard pieces on one half of the fabric so the edges align
 - Pin and sew the curved edges with a 5mm seam allowance



- 4
 - Snip curved seams, taking care not to cut the stitching



- 5
- Separate Kimguard layers and invert the top layer over and around the curved seam so that Side A has a Kimguard layer on both sides



- 6
- Open the 2 fabric layers and bring the 2 curved seams together. You will now see the mask shape



- 7
- Stitch around the outer edge, leaving a 4cm gap in one corner at the base of the mask. Snip curves and trim corners



- 8
- Use the gap to turn the mask inside out and topstitch the edge of the top and bottom seams





Making ear loops: 2 options

OPTION 1: TIES

- Cut two ≈ 75 cm lengths of soft cord (we used tee shirt cord from Spotlight but you could also use shoe laces, soft ribbon or something similar. Mark the centre.
- Fold over 1 cm of material on each side of the mask. Slip the cord into the fold, aligning the centre of the cord with the centre of the fold line. Stitch in place.
- Neaten the cord ends by stitching a hem or tying a knot.

OPTION 2: EAR LOOPS

- Fold over 1cm of material on each side of the mask and stitch, leaving a channel to thread through the ear loops.
- Cut two 25cm lengths of 3mm elastic or elastic cord
- Thread the elastic through the channel and tie the ends together. Pull the elastic through until the knot is hidden

Nose fitting: Optional

- 1 Nose pieces can be crafted from pipe cleaners, florist wire, wire ties or something similar. You may need 2 or 3 lengths to get the strength to hold the fabric around the nose.



- 2 Stitch a 10cm length of 2.5cm wide ribbon/ bias tape on the inside of the nose area of the mask. This is optional but does help to prevent glasses from fogging up.



Once mask is completed, hand wash in warm soapy water or machine wash in a delicates bag and press with an iron.

These masks can also be tumble dried.

Thank you!

FABRIC MASK TEMPLATE

SIDE A

SIDE B

Kinguard Fold Line

cut

cut

